

THE WE NETWORK

WE GRADUATES MONTHLY NEWSLETTER



What you will find:

WE UPDATES

HOT JOBS

TIP FROM THE PRO'S

GRADUATE SPOTLIGHT

UPCOMING
TRAININGS/EVENTS

INSPIRATION

RESOURCES

Welcome to the WE NETWORK Newsletter

October is National Domestic Violence Awareness Month

"Domestic Violence Awareness Month evolved from the "Day of Unity" held in October 1981 and conceived by the National Coalition Against Domestic Violence. The "Day of Unity" soon evolved into a week, and in October of 1987, the first National Domestic Violence Awareness Month was observed."

At Women's Empowerment we want you to know that you are not alone. Many women who have walked through our doors have been victims and survivors of domestic violence. We see you. We love you. We support you.

Continued on Page 5!

Training & Events

October and November are full of exciting new trainings and events. Please reach to Women's Empowerment for more information and to RSVP!



Get A Job Kit Training Program
Begins October 26th
Applications are due October 15th



Grid Alternatives 4 Week Solar Installation Training

Orientation: November 4th - RSVP needed
Training begins November 16th

CYBERPROUD

Become a Cyber Specialist!
<https://www.cyberproud.org/chart-your-path/>
Deadline to Apply: Oct. 12, 2020
Starts October 19



Salvation Army Culinary Arts Training

16 week training
Contact Emily for an application



Medical Assistant Training
Free if enrolled in 2020!
Contact Emily for more details

SMUD

Interested in a position at SMUD? October is their career exploration month! Visit the website to register for webinars and panels to launch a career at SMUD!



R.E.N.E.W. (formerly ReStart) Property Management Training Program

Orientation: October 13th - RSVP needed
Pre-training begins October 19th



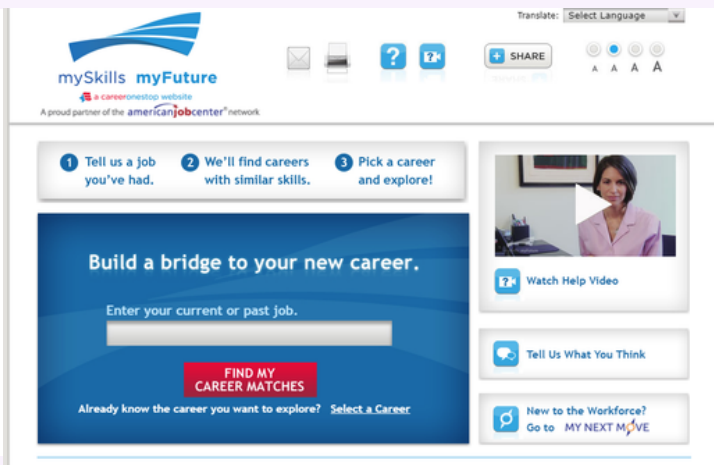
Women's Empowerment Holiday Craft Party - It's Happening!

Details coming soon...



Career Exploration is an important part of job search.

Check out myskillmyfuture.org to see what jobs, programs and funding are available to choose the career right for you.



Hot Jobs



Quick Cash Job Websites

gigs.indeed.com

<https://sacramento.craigslist.org/search/ggg>



Blue Shield of California

Administrative Assistant, Specialist



Ross

Retail Associate- Sacramento



Retail Sales

Boutique and Thrift Store

Contact Emily for more information



Visiting Angels

Caregiver positions

Graduate Spotlight:

Brandy Bisbee



After graduating from Women's Empowerment in 2019, Brandy was not sure exactly what she wanted to do but she knew she wanted to keep her positive momentum going. After learning about the Salvation Army

Culinary Arts Training Program, she thought she would apply. Brandy was quickly accepted into the program and began her training. Through the 16 weeks she worked hard and learned a lot. In fact, she did so well that the Salvation Army decided to hire her after graduation! Since she started working at the Salvation Army, Brandy has moved into her own apartment. She is loving her job and her new trade!

PS - Interested in the Salvation Army Culinary Arts Training Program? Contact Emily to find out how to apply!

Inspiration

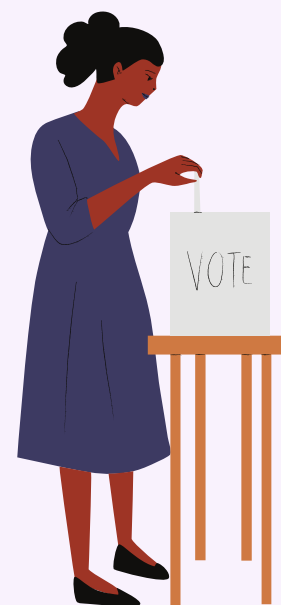
“Women belong in all places where decisions are being made.”

-Ruth Bader Ginsburg



Election Day is November 3rd!

- The last day to register to vote in California is October 19th
- ***First Step Communities will be a welcoming voting location on November 2nd and 3rd***
- You may register to vote on election day however your vote will not be counted until your registration is verified
- Not sure what measures and propositions to vote for? Contact Women's Empowerment for some helpful resources!



Resources

Financial Empowerment Center Sacramento

- Assistance with prioritizing immediate financial needs
- Referrals to emergency aid and community resources (food distribution, eviction prevention, employment & training, etc.)
- Hands-on support with completing applications such as unemployment, public benefits and utility discounts

To request an FEC navigation or coaching appointment, email FEC@cityofsacramento.org or call 916-808-4927. All appointments will be remote via phone or video at this time.

Root & Rebound Legal Hotline

Call R&R's hotline any Friday from 9am-5pm (PST) at 510-279-4662 for free reentry legal advice! They support people impacted by the justice system, their family members, as well as community service providers supporting people with records. They accept collect calls from prison and jail.

Still need your stimulus check?

Use the 'Get My Payment' tool from the IRS!

<https://www.irs.gov/coronavirus/get-my-payment>

Sacramento County Safer Halloween!



Sac County Tips and Tricks for a safer Halloween: "You will need to wear a face-covering – so why not make it fun! Have your child select their own face covering, and then decorate it together to match their costume."

Find out more on the Sac County Website!

WELLNESS Support

LGBTQ History Month



How much do you know about LGBTQ History? How many of these folks do you know?



Domestic Violence Awareness Month

The U.S. Department of Justice estimates that 1.3 million women and 835,000 men are victims of physical violence by a partner every year.

Every 9 seconds, a woman in the U.S. is beaten or assaulted by a current or ex-significant other.

For anyone affected by abuse and needing support, you can call the National Domestic Violence Hotline, 1-800-799-7233. If you are unable to speak safely, you can text LOVEIS to 1-866-9474.

Breast Cancer Awareness Month

Adults of all ages with breasts are encouraged to perform breast self-exams at least once a month!

To learn how to give yourself a breast self-exam and for more information please visit the National Breast Cancer Foundation website.

Don't Forget, Stay In Touch!

Emily Berger
Job Developer
916-231-1239
emily@womens-empowerment.org

Renae Garcia
Social Worker
916-231-1240
renae@womens-empowerment.org

Doris Cortez
Employment Specialist
916-669-2307 ext. 103
doris@womens-empowerment.org

Yara Orozco
Program Services
Coordinator
916-669-2307 ext. 121
yara@womens-empowerment.org

Lisa Culp
Executive Director
916-669-2307 ext. 102
lisa@womens-empowerment.org