

2023 IMPACT REPORT

Women's Empowerment educates and empowers women* experiencing homelessness with the skills and the confidence necessary to secure a job, create a healthy lifestyle, and regain a home for themselves and their children.

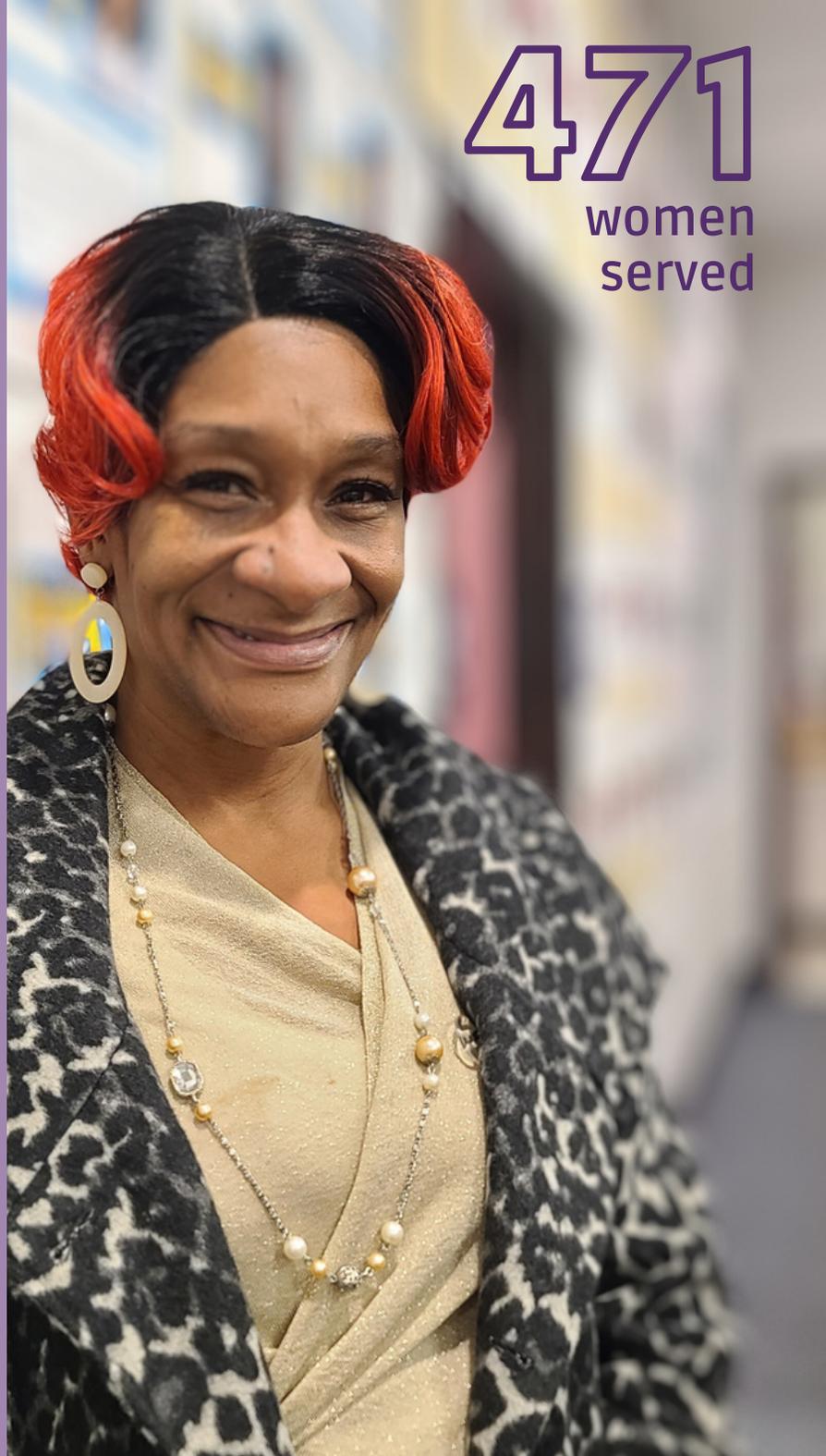
*People who identify as non-binary genders and feel they belong in this community of cis and trans women are invited/welcome to participate in our programs

20 IMPACT 23 REPORT

Together, WE can do hard things....

Women's Empowerment supports women and children experiencing homelessness with the resources to overcome barriers to stable employment, safe housing, financial security, healthcare, and confidence. The community WE serves has been deeply impacted by a wide range of inequities amplified by Sacramento's prolonged housing crisis. To combat this, in 2023, WE worked on expanding housing and employment partnerships and launched a transitional workforce housing program. Despite adjusting to the changing needs of the community, Women's Empowerment has remained steadfast in its mission to empower women and continues to work to end family homelessness in Sacramento.

471
women
served



WOMEN SERVED IN 2023:



identified as BIPOC



were survivors of domestic violence



were moms



reported struggling with mental health



reported a history of substance use



**WOMEN'S
EMPOWERMENT**

In addition to the initial Job-readiness and Empowerment Program and advanced paid job training programs, WE students and grads had continuous access to:

- mental health counseling
- job retention support
- resources and assistance with basic needs
- housing support

program team supported women with a combined total of **2,884** appointments

28

empowerment classes and support groups provided including Parenting, Domestic Violence, Fitness, and Wellness & Recovery



165
jobs
reported



19
paid job training
programs and
employment
training
partnerships



Staff and volunteers supported women as they navigated employment challenges and sought training and job opportunities with pathways to a living wage.

Before coming to Women’s Empowerment, Bennetha (pictured above) struggled with mental health and homelessness. As a mother of five, she was determined to gain a life of stability and worked hard to achieve it. Throughout WE’s initial two-month program she gained confidence, tools, and regularly met with her employment specialist. Bennetha’s hard work paid off. She now works at an organization that helps women and has secured stable housing for her and her family.

125
children received
care in the Child
Development
Center
or other services




838
healthy lunches
provided


333
Computer Lab
visits


\$14,615
given in
transportation
assistance

321
Clothing Closet
visits



189
women in stable housing

With support from WE's Housing Specialist and Trellis Gardens team, students and graduates reduced housing barriers and gained understanding of their housing rights and responsibilities. Women received support in finding housing opportunities, navigating the competitive process, and communicating with landlords.

After graduating from WE and finding a job, Amber (pictured left) struggled to gain a safe and stable home amid Sacramento's housing crisis. Reaching out to WE for support, she and her children became the first family to move into WE's transitional workforce housing program, Trellis Gardens, which launched in 2023. Now, through the Trellis Gardens program, Amber is working to advance her career, build savings, and overcome housing barriers. **"Women's empowerment has helped me see what I'm capable of, I've become a better mother and an independent woman. Being at Trellis has allowed me to focus on providing a better future for my family. My kids feel happy and safe."**

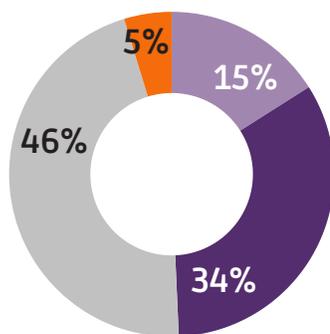


12
families
(12 women 23 kids)
housed through
Trellis Gardens
Transitional
Workforce Housing
Program

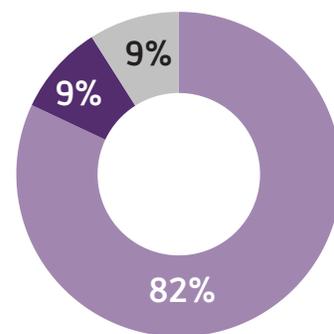


The community's generosity in 2023

provided vital fiscal stability, making it possible for Women's Empowerment to continue empowering women and children experiencing homelessness. WE remains committed to ensuring every dollar invested is handled responsibly and with care.



Revenue



Expenses

Community makes empowerment possible. Thank you to our volunteers, partners, and donors for your investment!



454
volunteers gave
5,535
combined hours



- \$50,000 and Above**
- County of Sacramento - ARPA
 - Intel
 - U.S. Bank
- \$25,000 to \$49,999**
- American Leadership Forum
 - Arata Bros Trust
 - Carlsen Muir Family Foundation
 - Foroulis Private Foundation
 - Intel Employees & Matching
 - Judith & Robert James
 - Kaiser Permanente
 - Kelly Foundation
 - Poswall Family Foundation
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 - State Farm Mutual Automobile Insurance Company
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- \$5,000 to \$9,999 cont.**
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 - Nordstrom
 - Orrick, Herrington, Sutcliffe Foundation
 - Raquel & Bill Altavilla
 - Roger & Mary Niello
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 - Sarah Tseng
 - Symphony Dreams, LLC
 - Tri Counties Bank
 - Umpqua Bank Charitable Foundation

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 - In-N-Out Burger Foundation
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 - Leslie Medina & Greg Larsen
 - Louise & Dick Wiesner
 - Mohanna Development Co.
 - Nationwide Foundation, Nationwide Mutual Insurance Company
 - Nugget Markets
 - Sacramento Life Center
 - Sacramento Region Community Foundation
 - Scott K Drummond
 - Terra Family Foundation, Inc.
 - The George & Lena Valente Foundation
 - TJX Foundation
 - Union Pacific Foundation

- \$2,500 to \$4,999**
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 - Cindra Smith
 - Cindy Sparks
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 - Paula & Steve Clarkson
 - PG&E Corporation Foundation
 - Robin Lutkemuller and Jeff Lauruhn
 - Rotary Club of Sacramento Foundation
 - Susan Gower and Michael Schultz
 - Westamerica Bank

- \$.5,000 to \$9,999**
- BlueScope Foundation

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A special thank you to WE's generous in-kind facility sponsor, Sacramento County Department of Human Assistance, and the many heroes not listed here!